

BOROUGH OF HIGHLANDS, N. J.

INCORPORATED 1900

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MONMOUTH COUNTY

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HISTORIC "TWIN LIGHTS"

RICK O'NEIL
MAYOR

BRIAN J. GEOGHEGAN
ADMINISTRATOR

DWAYNE HARRIS
ACTING CLERK

As part of a Shared Service Agreement signed with the Borough of Sea Bright, Lifeguards will once again be present on Highlands beaches this summer. An agreement has been reached that Lifeguard Services will be provided at the Miller Ave. Beach and the Snug Harbor (Recreation Center) Beach throughout the summer season.

Any Highlands residents interested in a Lifeguard position should apply directly to Sea Bright, instructions are provided on the attached flyer. Training will be provided.

SEA BRIGHT OCEAN RESCUE JOB POSTING

NEW Lifeguards and Rookie Personnel

2017 Application and Lifeguard Physical Assessment Schedule



All certifications and
USLA level open
water lifeguard
training provided!!

Ocean Lifeguard Assessment:
Neptune Aquatic Center in Neptune NJ

Questions?

E-MAIL:

sborrescue@gmail.com

Date #1: Saturday, 4/22/17: 3:30pm - 5pm

Date #2: Saturday, 5/6/17: 4:30pm - 6pm

Date #3: Saturday, 5/20/17 (alternate date if needed)

Minimum Standards to qualify for Rookie Selection and Training:

500 meter pool swim completed in less than < 10 minutes **USLA minimum standard

25 yard underwater swim 25 yards underwater then return 25 yards surface timed < 50 seconds

50 yard sprint free timed completed < 40 seconds

½ mile run completed in less than 5 minutes

Have the availability to work at least 24 hours to 40 hours **per week** for the entire summer season.

Current CPR and certification is preferable. **Medical Certification classes are scheduled June 2017**

OCEAN RESCUE LIFEGUARD

Full time schedules based on tenure, seniority, and job performance

Opportunities to advance to Surf Rescue Team, Sergeant and Ocean Rescue Lieutenant

New operations plan for Rookie personnel in 2017 includes River Rescue duty in the Highlands

Standard issue ocean lifeguard uniforms and surf rescue fins paid for by the borough

USLA curriculum based training and medical recertification provided annually

Please note the following:

- Complete a Sea Bright Boro Employment Application before the assessment test.
- **Please bring copies of your CPR card, EMT cert or First Aid card to the test.**
- Ability to pass a medical physical and provide Fitness for Duty form by Memorial Day 2017.
- Attend CPR and First-Aid training in **June** (if certs expire before **September 3rd 2017**)
- Attend **5** days of structured ocean/river lifeguard training and one day of medical training
- Pass comprehensive ocean rescue/river rescue skills testing process 1st week of July 2017.
- **Sea Bright is a professional USLA Certified Agency which provides ocean lifeguard services for municipal beaches and emergent rescue response to over 3.5 miles of coast line. All ocean rescue personnel must continue to meet all minimum standards and qualifications for OCEAN RESCUE LIFEGUARD to maintain employment.**